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OTTAWA • MONDAY, FEBRUARY 15, 2010

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Celebrity Buzz

McSpeedy gets dreamy with cop

pg 14



Harper set to arrive today for visit to Haiti

Haiti Crisis

TWO DAYS Stephen Harper is to be one of the first heads of government to visit Haiti since last month's tremor killed some 217,000 people and demolished Port-au-Prince and surrounding villages.

The prime minister was expected to land in the capital this afternoon aboard a Canadian military transport plane for a two-day visit to the Caribbean country.

He was to head to Gov. Gen. Michaëlle Jean's ancestral hometown, Jacmel. From there he'll stop in Leogane, a key hub of Canadian activity.

Harper is also to meet with Haitian President Rene Preval and Haitian Prime Minister Jean-Max Bellerive. **THE CANADIAN PRESS**

News on the Move

What's this barcode for?
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Vancouver Games

Follow Metro as we bring you daily coverage throughout the 2010 Winter Olympics in Vancouver.

• Today — Excitement builds for arrival of Sidney Crosby and Team Canada at Olympic Village, page 10



On the web

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Alexandre Bilodeau celebrates his gold medal win at the men's mogul at Cypress Mountain in Vancouver, B.C., yesterday, at the 2010 Vancouver Olympic Winter Games. Ottawa's Kristina Groves took home a bronze yesterday in the ladies' 3,000-metre longtrack speedskating event at the Richmond Oval. **More coverage, page 9**

Bilodeau brings home gold

Freestyle skier's win marks first time Canada takes gold at own Games

Canada's Olympic gold medal drought at home is finally over.

Freestyle skier Alexandre Bilodeau won the men's moguls crown at the Vancouver Olympics last night.

The 22-year-old from Rosemere, Que., wrote himself into the history books by overtaking defending champion Dale Begg-Smith — a Canadian-born skier who now com-

petes for Australia.

It's the first time Canada has won a gold medal at its own Games. Canada failed to make it to the top of the podium in Montreal in 1976 and Calgary in 1988.

"It's just the beginning, I think," said Bilodeau. "There are so many Canadi-

ans coming up in the other sports...

"I'll be in the stands cheering for them."

Skiing second from last, Bilodeau blew past Begg-Smith to take the lead with 26.75 points. He then had to wait to see the final run by Frenchman Guilbaut Colas, who ended up sixth.

Begg-Smith, the current World Cup leader, settled for silver with 26.58 points.

American Bryon Wilson was third with 26.08.

Fans chanted "Canada! Canada!" as the gold medal went down to the wire at Cypress Mountain. Bilodeau's father Serge and older brother Frederic, who has cerebral palsy, were in the stands as he made history.

"I know the sport so well and I knew when he crossed the finish line that

it was the best run and no one could beat it," said Serge.

After the win, an emotional Bilodeau called brother Frederic "my inspiration."

His gold follows the silver won by teammate Jennifer Heil of Spruce Grove, Alta., on Saturday night and long-track speedskater Kristina Groves' bronze earlier yesterday. **THE CANADIAN PRESS**



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Sens' tax bill for arena may rise \$1M in 5 years

SPORTS The Ottawa Senators' property tax bill may be going up by \$1 million over a five-year span. In 2009, Scotiabank Place paid \$1,309,196 in property taxes. The city's finance committee will vote tomorrow on a deal that would see the sports venue's tax bill rise to \$2,315,250 by 2014.

Between 2000 and 2004, Capital Sports Properties Inc. had a deal to pay a maximum of \$700,000 per year. It has since increased to \$1.6 million in 2010.

Based on the property values determined by the Municipal Property Assessment Corporation, Scotiabank Place is valued at over \$124 million. However, owners insist the value is significantly less than the MPAC assessment.

METRO OTTAWA

News in brief

SUSPICIOUS Police are investigating after a man inappropriately touched three girls on a west-end skating rink last week. On Feb. 11, four 13-year-old girls were at an outdoor rink on Chesterton Drive when an unknown male approached them. Police are seeking an English-speaking white male in his 50s.

METRO OTTAWA

metronews.ca

What's online today.

Blogs Backbeat salutes Nikki Yanofsky, the voice behind that ubiquitous CTV Olympics theme



Lotteries

Friday, Feb. 12
Lotto Max: 9, 12, 17, 23, 34, 42 & 47 Bonus 37
Saturday, Feb. 13
Lotto 6/49: 1, 9, 23, 28, 37 & 39 Bonus 12
Sunday, Feb. 14
Ontario Pick 3: 6 8 3; Ontario Pick 4: 6 6 3 5
Encore: 0105898;
Daily Keno: 5, 8, 13, 20, 23, 25, 26, 28, 30, 32
34, 35, 41, 53, 55, 57, 58, 61, 65, 69
These results are not official.

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Locals find family fun at Winterlude



TRACEY TONG
tracey.tong@metronews.ca

Winterlude may be known for bringing tens of thousands of people to Ottawa every year, but it also gives locals a chance to find entertainment right in their own backyard.

Family Day long weekend brought thousands of locals to Winterlude's three sites, including the Rideau Canal Skateway, Confedera-

tion Park and Jacques-Cartier Park yesterday.

"Last year was a bad time for the economy," said Ottawa resident Jennifer Parker. "I think a lot of families are really glad for quality activities they can take their kids to easily, that the kids will actually enjoy, and that won't break the bank."

"Children shouldn't have to miss out because the economy was in a slump," Parker and her husband brought their kids to Jacques-Cartier Park yesterday, where there were snow slides and ice fishing events.

"I think a lot of families are really glad for quality activities they can take their kids to easily, that the kids will actually enjoy, and that won't break the bank."

Jennifer Parker, Ottawa resident

Ottawa resident Becky Draper has enjoyed skating on the canal and Beaver-tails during Winterlude for years, but this year was extra special — it marked the first Winterlude for her year-old son.

City resident Jim Shivas never misses Winterlude. His favourite activities include skating on the canal

and checking out the ice sculptures. The weather was perfect for winter fun this weekend, he said.

"As long as you can still see the stuff and go skating, that's what matters to me," he said. "I'd come out at -20."

Bernadette Bailey and her daughter, Hannah, take advantage of Winterlude

offerings by playing host to out-of-town friends and family every February.

While some people never miss Winterlude, other residents discovered it for the first time. Despite having lived in Ottawa for 11 years, yesterday was Denise Moir's first time at Winterlude.

"My daughter plays a lot of sports, so we're usually away at this time of the year and haven't had a chance to come down," said Moir, who admired the ice sculptures at the Rogers Crystal Garden with her family.

Confederation Park Chinese New Year



Dancers from the Taido Cultural School perform a Tibetan dance at Confederation Park yesterday in celebration of Chinese New Year. 2010 marks the year of the Tiger. Performances included a martial arts demonstration and a traditional lion dance by the Chinese Cultural Centre. Another lion dance is set to move through Somerset Street in Chinatown this afternoon.

Hockey players part of the family for local hosts

TRACEY TONG
tracey.tong@metronews.ca

BILLETING With Family Day comes a recognition that modern families take many different forms.

And if that's the case, Sandy Way-Wilson has played the role of mom to many kids over the years.

As one of the city's many billet families for Ottawa 67s players, Way-Wilson and her family not only plays a part in the success of the players on ice and at school, but in their overall well being.

About 10 years ago, Way-Wilson's son, Justin, asked where hockey players from out of town stayed. After a few phone calls, Way-Wilson learned about the 67s billet family program and jumped at the chance to make a difference in a young player's life.

Ten years later, Way-Wilson has hosted seven players. Now host to 67s goalie Petr Mrazek of the Czech

Republic, billeting has changed her life, she said.

"You encourage them and promote them," she said. "They stay with you for about eight or nine months. They're one of the family. It just breaks my heart when they leave. But I've been lucky. I keep in touch with all my kids."

In a way, she becomes a surrogate parent to them, she said. "A lot of them are from a long ways away. We've had kids from Warrington, Toronto and Switzerland."

She adds that it's good experience for everyone in the family.

"Back when Justin was young, the players used to play pickup hockey with (Justin and his friends)," said Way-Wilson. "They were like the players' younger brothers."

The Way-Wilson family is now up for Buckley's CHL Billet Families of the Year award. To vote, visit www.buckleysbilletfamilies.com.



Ottawa 67s goalie Petr Mrazek, left, poses with his billet family: Justin Way, Sandra Way-Wilson and Trevor Ruthman.

Probe into city's cellphones eyed

CHARGES Stuck with a \$1.5-million mobile phone bill, the city's audit, budget and finance committee could be asking the city's auditor general to look into the employee telecommunications plan tomorrow.

According to a committee report, the city had 2,856 active phones at the end of 2009, which works out to around 20 per cent of all full-time city employees. That includes 883 cellphones with two-way radio capabilities and 561 BlackBerry smart phones. The total airtime expenditures for 2009 came to \$1,500,101.24 — an aver-

200 About 200 city employee phones are flagged per month for having run up charges of over \$5 for roaming, long distance or texting.

age of \$43.77 per month per device.

In a typical month, 200 billings are flagged for having incurred charges greater than \$5 for long distance, roaming or texting. This represents seven per cent of active phones.

It "seems that there is a lack of control surrounding the allocation of cellphones, office handsets

and general telecommunications," said Orleans Coun. Bob Monette in a Jan. 13 motion.

According to the city's information technology department, cellphones are only given to employees who spend 20 per cent of their work time away from their main work site and are required to be in immediate contact with other employees.

BlackBerrys are only given to employees that require frequent, immediate access to email but spend more than half their time away from workspaces.

TIM WIECLAWSKI/METRO OTTAWA

Owners back bill outlawing no-pet rules

The fur is set to fly in Manitoba over whether landlords should be forced to accept tenants with pets. Animal owners are lining up behind an opposition bill that, if passed into law, would outlaw no-pet rules at rental properties across the province. **THE CANADIAN PRESS**

3

Canada



Musher drops out of Quest race

After eight days on the trail, the Yukon Quest has lost its first musher in the race between Fairbanks, Alaska, and Whitehorse. Gerry Willomitzer of Whitehorse was the first musher to scratch, leaving Dawson City, Yukon, after his 36-hour mandatory layover. Race officials say Willomitzer ran into some trouble with the runner plastic on his sled falling off. **THE CANADIAN PRESS**

Soldiers sustaining brain injury, says report

MILITARY Dozens of Canadian soldiers say they suffered mild traumatic brain injuries while serving in Afghanistan, according to the first data collected by the military on what's been called a signature injury of the conflict.

The report, prepared for the military's surgeon general and obtained by The Canadian Press, shows that 6.4 per cent of the 1,817 soldiers surveyed from last January to May 2009 said they experienced a concussion while deployed.

It's the first time the Forces have tracked the injury, which has become a trademark of the wars in Afghanistan and Iraq due to the high rate of exposure to roadside bombs that can jar the brain and cause long-term health problems.

"The numbers are not surprising for me — the IEDs do occur, people are exposed and there are a lot of near misses," Lt.-Col. Rakesh Jetly, a psychiatrist with the Forces' Directorate of Mental Health, said in an interview.

"I think the numbers are quite reasonable."

Most of the injuries were mild, with the majority of members recovering within days or weeks. Four people in the group said they lost consciousness for more than 20 minutes.

The bulk of the soldiers who reported a mild traumatic brain injury, or MTBI, said it was the result of a blast exposure, while others listed the cause as either a fall, fragment wound, motor vehicle accident or bullet.

THE CANADIAN PRESS

Roof caves in on hockey tourney

COLLAPSE Emergency crews say everyone is accounted for and OK after a partial roof collapse at a suburban Pittsburgh ice rink where a youth hockey tournament involving Canadian and U.S. teams was taking place.

THE ASSOCIATED PRESS

Border agency frets over court

Challenges may force out information, secret sources given by CSIS

Canada's border agency has been waving through travellers at entry points even though it has information some may be working for organized crime, an internal report suggests.

The agency, which gets its intelligence from the Canadian Security Intelligence Service, is doing so because it is worried about court challenges that may force it to reveal secret sources.

This so-called "front-end intelligence information gap" affects thousands of travellers enrolled in programs that allow them to skip long queues by flashing a card giving quick entry into Canada.

The Nexus and FAST cards were designed to speed passage of low-risk, pre-approved business peo-

ple and truckers, allowing border guards to focus on higher risk travellers and goods.

But some of Canada's border guards have been skeptical of the cards, fearing they've become a "licence to smuggle." The guards have caught too many card-holders trying to smuggle goods into Canada, in one instance a man hauling a \$186,000 boat.

Internal documents from the Canada Border Service Agency suggest there's good reason for the guards' skepticism: The agency is required to ignore adverse intelligence if an applicant otherwise passes muster.

"CBSA Legal Services recommended against the denial of applicants based on intelligence information if

Nexus

- Nexus cards, introduced in 2000, now are carried by more than 172,000 Canadian travellers.

they are otherwise eligible for membership," says a memo.

"Legal Services further noted that should an applicant seek judicial review, the CBSA — not the source of the intelligence, CSIS — would be responsible for responding to the Federal Court on the issue.

"As such, the CBSA does not use intelligence information in the screening process for membership and as such, the possibility exists that persons who are assessed above low-risk

based on intelligence information will be granted membership."

Records outlining the problem were obtained by The Canadian Press under the Access to Information Act.

The documents note that the U.S. Customs and Border Protection agency, which also issues Nexus and FAST cards, has no qualms about using intelligence information alone to deny membership.

The different policy in Canada suggests departments have become spooked by the Canadian judicial system, where courts have recently pressed CSIS and others to divulge information that security agencies consider highly secret and damaging if made public.

THE CANADIAN PRESS

VANOC feels heat on use of French

CEREMONIES Vancouver organizing officials are on the defensive over the French presence in the Olympic opening ceremonies.

Both Quebec Premier Jean Charest and federal Heritage Minister James Moore have said they enjoyed the show that kicked off the Winter Games, but they were disappointed with the use of French and Francophone performers.

But organizing committee spokeswoman Renee Smith Valade says there was much effort put into including Quebec and the French language in the spectacle.

She says two members of the team responsible for the performance are prominent Quebec producers, and Quebecers Julie Payette, Romeo Dallaire and Jacques Villeneuve were among the eight people who carried the Olympic flag.

THE CANADIAN PRESS

Olympics Vancouver vandalism



More than 200 masked protesters smashed windows, splashed red paint, vandalized cars and newspaper boxes and intimidated pedestrians in downtown Vancouver on Saturday before being confronted and dispersed by police in riot gear.

NATHAN DENTON/THE CANADIAN PRESS

News in brief

VOTING Elections Canada must make its polling sites accessible to people with disabilities, the Canadian Human Rights Tribunal says. The tribunal issued its ruling Friday, in response to a complaint from a physically disabled Toronto man who argued that voting sites should be accessible to everybody.

LOBSTER Ottawa, the Atlantic provinces and Quebec are putting just over \$400,000 into the lobster industry. The money will be used to develop a strategy to come up with new markets for the industry.

MAIL A woman in Oromocto, N.B., says Canada Post has returned cards and letters sent to her daughter serving on HMCS Fredericton for insufficient postage. Lorraine Robichaud says she has been told similar complaints have been received. **THE CANADIAN PRESS**

RCMP plans revamping of Taser use policy

POLICING The RCMP plans a sweeping overhaul of its Taser policy following recommendations from inquiries prompted by the death of Polish immigrant Robert Dziekanski.

An internal briefing note

obtained by The Canadian Press says the Mounties' policy centre on use of force recommends four dozen specific changes on stun gun use.

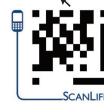
The note prepared for RCMP Commissioner

William Elliott states that the force's review involved examination of two reports sparked by the death of Dziekanski, recent changes to Taser policy in Alberta and discussions within the national police

force. The note prepared for RCMP Commissioner William Elliott states that the force's review involved examination of two reports sparked by the death of Dziekanski.

THE CANADIAN PRESS

m.metronews.ca



Global security, including Iraq and Afghanistan, will top the agenda as Canada hosts this year's G8 summit. Scan this code for the story.

World

Lebanese mark anniversary

Tens of thousands of people gathered in Beirut yesterday to mark the fifth anniversary of the assassination of former prime minister Rafik Hariri, whose death touched off Lebanon's "Cedar Revolution" and ushered in the end of Syria's 30-year military domination. **THE ASSOCIATED PRESS**

Civilians caught in middle

Several Afghan locals killed after U.S. rockets veer off target

Two U.S. rockets slammed into a home outside the southern Taliban stronghold of Marjah, killing 12 civilians after Afghanistan's president appealed to NATO to take care in its campaign to seize the town.

Inside Marjah, U.S. Marines encountered "death at every corner" yesterday, their second day of a massive offensive to capture this bleak mud-brick city filled with booby traps, hardcore Taliban fighters and civilians unsure where to cast their loyalty.

Marines confronted a fierce sandstorm as they ducked in and out of door-

ways and hid behind bullet-riddled walls to evade sniper fire. To the north, U.S. Army troops fought skirmishes with Taliban fighters, calling in a Cobra attack helicopter against the insurgents.

Insurgents littered the area with booby traps and explosives before the offensive, and the sound of controlled detonations — about three every hour — punctuated the day along with mortars and rocket fire.

The civilian deaths were a blow to NATO and Afghan efforts to win the support of residents in the Marjah area, a major goal of the biggest ground of-

fensive of the eight-year war. Marjah, which had a population of 80,000 before the offensive, is a Taliban logistical centre and a base for their lucrative opium trade which finances the insurgency.

The rockets were fired by a High Mobility Artillery Rocket System, or HIMARS, at insurgents who attacked U.S. and Afghan forces, wounding one American and one Afghan, NATO said in a statement. Instead, the projectiles veered 300 metres off target and blasted a house in the Nad Ali district, which includes Marjah, NATO added.

The top NATO commander in Afghanistan, Gen.

Stanley McChrystal, apologized to President Hamid Karzai for "this tragic loss of life" and suspended use of the sophisticated HIMARS system pending "a thorough review of this incident," NATO said.

Before the offensive began Saturday, Karzai pleaded for the Afghan and foreign commanders to be "seriously careful for the safety of civilians."

Allied officials have reported two coalition deaths so far — one American and one Briton, who were both killed Saturday. Afghan officials said at least 27 insurgents have been killed in the offensive. **THE ASSOCIATED PRESS**

Shootings suspect killed brother 24 years ago

ALABAMA A university professor accused of shooting six colleagues was vocal in her resentment over being denied tenure and the looming loss of her teaching post, though relatives and students said she had never suggested she might become violent.

Not even Amy Bishop's husband knew she might turn violent, according to the man's father. Everyone from family and friends to her students at the University of Alabama in Huntsville said the intelligent and at times awkward teacher seemed normal in the hours before police say she opened fire in a faculty meeting Friday afternoon, leaving three dead and another three wounded.

Jim Anderson — the father of Bishop's husband, James Anderson — told The Associated Press yesterday his son had no idea Bishop was planning the bloodshed she's accused of.

"He knew nothing. He didn't know anything," the father said. He said that the police had spoken with his son at length and that "they are doing a good job."

Death penalty?

• Amy Bishop, who has four children, was arrested soon after the shooting and charged with capital murder, which can bring the death penalty if she is convicted.

Indeed, there were many things Bishop apparently did not reveal to those around her.

In 1986, Bishop shot and killed her 18-year-old brother with a shotgun at their Braintree, Massachusetts, home. She told police at the time that she had been trying to learn how to use the gun, which her father had bought for protection, when it accidentally discharged. In all, three shots were fired: Braintree police Chief Paul Frazier said she shot once into a wall, then shot her brother, then fired a third time into the ceiling.

Authorities released her and said the episode was a tragic accident. She was never charged, though Frazier on Saturday questioned how the investigation was handled. **THE ASSOCIATED PRESS**

Several injured by large waves

CALIFORNIA Despite big wave warnings, two walls of water caught dozens of spectators off-guard and knocked them to a rocky beach as they watched a Northern California surfing contest Saturday, leaving some with broken bones. Thirteen people swept from a seawall had significant injuries, including broken legs and hands, said California Department of Forestry and Fire Protection Battalion Chief Scott Jalbert.

THE ASSOCIATED PRESS

Israeli man charged in harem case

TEL AVIV A man who kept a cult-like harem of women and fathered dozens of children with them was charged in court yesterday with enslavement, rape, incest and other sexual offences. The 25-page indictment accused 60-year-old Goel Ratzon of setting himself up as a "godlike" figure who preyed on troubled women.

THE ASSOCIATED PRESS

Beijing Chinese New Year heats up



Worshippers light incense at the Lama Temple on the first day of Chinese New Year in Beijing. Millions of Chinese celebrate the Lunar New Year of Tiger that began yesterday.

Bombing may jeopardize India-Pakistan talks

PUNE India said yesterday it would wait for the findings of an investigation into this weekend's bakery bombing in the city of Pune before responding to Hindu nationalists' demands to cancel upcoming peace talks with Pakistan, amid suspicions Islamic militants plotted the attack.

The explosion Saturday, caused by a bomb left in an unattended bag at a venue popular with tourists, killed nine people and wounded 60. It was the

9 People killed, including two foreigners — an Italian and an Iranian — in Saturday's bakery bombing.

first major terrorist attack in India since the 2008 Mumbai massacre when Pakistan-based militants ran amok in the country's financial hub.

Security forces were immediately put on high alert at airports, train stations and markets across India.

The bombing came just a

day after nuclear rivals India and Pakistan set a date for their first formal dialogue since the Mumbai attacks prompted New Delhi to suspend wide-ranging talks aimed at normalizing relations after six decades of hostility.

Yesterday, Hindu nationalist leaders blamed the attack in the western city of Pune on majority-Muslim Pakistan and demanded the government call off the talks, scheduled for Feb. 25 in New Delhi.

THE ASSOCIATED PRESS

Show goes on for Rio's pint-sized parade queen

BRAZIL Thousands of boisterous samba fans came together to watch the first night of Rio de Janeiro's Carnival parades yesterday, and all eyes are on a seven-year-old girl who is the youngest drum corps queen in memory.

Julia Lira, her toothy grin and quick footsteps splashed across media worldwide, will be in the spotlight as her Viradouro samba group struts its stuff.

A judge ruled last week that the girl could take on the coveted Carnival role normally reserved for models and actresses. Children's welfare groups have complained, but the overwhelming response in Brazil has been a shrug and acceptance.

"I think its so cool and

"(Brazilians) are used to dancing in this from birth."

Thuanu Maia

she obviously can dance," said 15-year-old Thuanu Maia at the Sambadrome stadium, her face covered in glitter. She wore a shirt from her favourite samba group, Portela.

While the sweltering heat of Rio's summer has concerned some about Julia's ability to handle the 80-minute parade of nonstop dancing, Maia noted that Brazilians "are used to dancing in this from birth — Brazil is hot!"

Julia's father, Marco Lira, who is also the president of the Viradouro samba group, has said repeatedly that he and his wife would be with the girl at all times and they would carefully watch to make sure she doesn't get too tired during the parade.

THE ASSOCIATED PRESS

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It was a battle of the Veeps yesterday on chat shows as Joe Biden fired back at barbs from Dick Cheney. Scan this code for the story.

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Comment

There's no place like home

InTransit

Steve Collins

metronews.ca/intransit

Sheesh. All we had was a two-month strike. Watching the latest hostilities between some transit employees and riders in Toronto, I can only be thankful that there is no sign of such a poisoned relationship between OC Transpo and its customers.

There even seemed to be a vindictive edge to the public reaction when T.O. mayoral candidate and transit chair Adam Giambrone was busted last week for his extracurricular activities. These allegedly included breathing passionate hints of fare hikes into the ear of his 19-year-old mistress,

possibly while making unauthorized use of his office couch.

Whether it was the TTC boss caught sleeping around or his employees photographed merely sleeping, embittered Toronto passengers don't appear to be in a terribly forgiving mood.

The pettiness cuts both ways. Before the TTC fare increase came into effect, the company imposed an insulting limit on purchases of older, cheaper tokens, for fear passengers would "hoard" them. Drivers and riders continue to snipe at each other online, attempting to outdo one another with duelling photos and videos of each other's misconduct.

In the middle of all this, transit union chief Bob Kin-

near held a press conference to scold management, media and TTC riders for being so mean: "Stop harassing people who are doing their jobs. Stop insulting them. Stop waving your

"Drivers and riders here don't seem to see themselves as natural enemies. They're all on the same bus."

phone cameras in their faces as you get on the bus or streetcar. Stop spitting on them. Stop calling them lazy and overpaid."

Kinnear's Ottawa counterpart, Andre Cornellier, though he certainly brought no shortage of surly mulishness to last year's strike, at least never came across as such a whiner.

Similarly, while a certain dysfunction and ill will may still be lingering between employees and management at OC Transpo, there just doesn't seem to be the same enmity between driv-

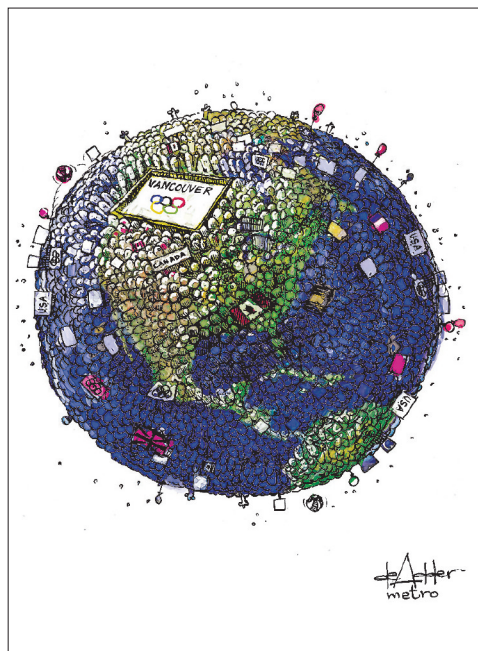
ers and passengers.

This is not to say that a hundred petty annoyances don't flare up every day, or that we might sometimes forget to say please or moderate our tone when asking passengers to move back or drivers to open the rear door. And, yeah, sometimes it gets worse than that.

Overall, though, there's a bit of mutual respect, and even the odd outburst of friendliness. Spitting on the driver is still, in my experience, pretty rare.

During last year's strike, a friend of mine remarked that he wouldn't want to be driving a bus on the day service returned. He expected all kinds of pent-up unpleasantness, but it never actually materialized. Drivers and riders here don't seem to see themselves as natural enemies. They're all on the same bus.

Steve Collins lives, writes and walks in Ottawa; ottawaleaders@metronews.ca



MICHAEL DE ADLER

Worth mentioning

Survey says give consumers what they want: Go green

SUSTAINABILITY More Canadians want healthier options in foods and beverages and they also want companies to be more environmentally accountable, a new survey indicates.

The recession has also affected how Canadians shop, with the result that more people are buying products and eating at home, the research showed.

Conducted by BrandSpark, the seventh annual survey involved more than 25,000 Canadian consumers and uncovered key findings in areas of the environment, a desire for healthier options in food and beverages and an increase in purchases of private label and in-store brands versus premium and name brands.

The study is used to compile the winners of the 2010 Best New Product Awards.

Known as The People's Choice Awards for consumer products, the competition gauges habits and trends among Canadian consumers.

"The awards not only provide us with valuable insights about current products and innovations, but al-

so larger movements and approaches toward what they purchase and more importantly why," says Robert Levy, president of BrandSpark International and founder of the awards.

The survey also found that Canadians want environmental accountability.

"Consumers are demanding companies to be more accountable in terms of their environmental claims, and they are willing to pay for products with realistic and tangible claims such as reduced packaging," he said.

In terms of healthier options in food and beverages, consumers want products with added health benefits and they are willing to pay more for products that will help prevent illness, he says.

THE CANADIAN PRESS



Views

Perfectly patient parenting advice

HineSight

Anne Hines

metronews.ca/hinesight

It is my belief that most of us head into making major life decisions without a clue of the hazards that lie ahead. This accounts for why we still have things like home renovations and dating.

I thought of this yesterday as I lunched with my friend Katherine, who is expecting her first child. Katherine is an intelligent, reasonable woman who has nevertheless been known to say things like, "Any child will eat vegetables if they're cooked properly." Our conversation went like this:

Katherine: I'm so glad I waited until I was over 30 to have children. Now I really know what I'm getting into. Me: Uh... hmmm...

Katherine: I'm not having drugs at the birth. You can breathe through the pain. Me: (unattractive noise as I pass salad through my nose.)

It occurred to me that I have something to offer my friend, to help her with the challenges of parenting I know lie ahead. So here's my list of Things I Wish I'd Known Sooner, But I Still Would Have Had Kids ... I'm Almost Sure.

- Children learn and grow according to a very strict schedule. Their own.

- Any parenting lesson you learn with your first child will be entirely inapplicable to your second child, who will be a completely different person.

- The key to successful parenting is a ton of love, support and encouragement. Make sure you're getting enough.

- With care and hard work, there will come a point when you'll know exactly how to handle the stage your child is at. This will usually occur exactly 15 seconds before they enter the next one.

- There is one fool-proof way to keep your kid from whin-

ing in the grocery store checkout line. Leave them at home.

- When you find yourself, at 8 a.m. on a Saturday morning, shivering in your community pool and trying to coax a screaming toddler off the deck and into the water, what you need to remember is this: No nominee for a Nobel Prize or candidate for prime minister ever lost or won the race based on whether or not they were prepared to put their face in the water.

- Children are not as smart as those parenting books make them out to be. They're way, way smarter.
- There is only one thing that has ever kept me from being a perfectly organized, perfectly patient, perfectly wise parent. Being human.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



Tell us your views by email to ottawaleaders@metronews.ca or comment on metronews.ca or on Twitter @metroottawa

Letters must include sender's full name, address and phone number - street name and phone numbers will NOT be published. We reserve the right to edit letters.

"We have a singular focus today — taking care of the customers on an individual basis," Toyota group vice-president Bob Carter said Saturday at Daytona International Speedway. "Quite frankly, nothing else is important." **THE ASSOCIATED PRESS**

Business

DOLLAR

US 95.08¢
(Friday's close)

GAS

US \$5.47
(Friday's close)

OIL

US \$74.13
(Friday's close)

TSX

11,469.81
(Friday's close)

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Business group ships aid supplies to Haiti

A group of Canadian businesses are cutting through government red tape by pooling their resources to organize a private shipment of more than \$2 million worth of aid supplies into Haiti.

The shipment aid is being organized by GlobalMedic, a Toronto-based agency staffed by disaster relief experts and paramedics who were fully operational and providing medical care in Haiti three days after the quake hit.

"The red tape is easy to cut through if you just do it," said GlobalMedic's Rahul Singh.

The supplies will be packed today on a plane at a Skyservice Airlines' hangar. The plane will fly into Puerto Plata, Dominican Republic, and the supplies will be trucked into Haiti.

Major contributors include Alveda Pharma Inc., which is sending more than \$1 million worth of medications. Cummins Eastern Canada LP is sending 11 generators with the plane, and the company is donating 38 in total to various aid organizations. Procter & Gamble Co. is sending supplies to purify water and Viva Solar Inc. is sending hand-held crank flashlights.

Mississauga, Ont.-based company CS World Cargo 2000 Ltd. is donating warehouse space for the supplies, providing free trucking services and shipping in aid items from other countries to Canada.

Skyservice Inc. has worked with GlobalMedic on several numerous occasions. "Even now, it is not easy to get in and out of Haiti, so this way, it is almost an open channel to be able to get this flight into the Dominican," said Al Read, vice-president, ground and commercial operations.

As of 5 p.m. on Thursday, Canadians had donated more than \$145 million to the Haiti Earthquake Relief Fund, matched by the federal government.

TORSTAR NEWS SERVICE

\$1.5M boat Ready for summer



Models sit on the back of a powerboat named the 50 Passion, made by Statement Marine, at the Miami International Boat Show yesterday. The boat features an air cushioned cockpit and helicopter turbine engines, and sells for \$1.5 million.

BP getting into oilsands business

SALE British oil major BP Plc is in talks to pay about \$1.2 billion for a majority stake in a privately held Canadian company with large reserves of oil-rich sand deposits, the Sunday Times

reports.

A deal for a stake in Value Creation Inc. could anger environmentalists and some BP shareholders who oppose the oilsands business, the paper said.

METRO NEWS SERVICES

Ports closed over shrimp dispute

DISPUTE Canada is closing its ports to fishing boats from the Faroe Islands and Greenland because of their refusal to accept internationally set shrimp quotas, Federal Fisheries Minister Gail Shea announced yesterday. The ban takes effect today.

The Danish territories have unilaterally set a quota of 3,101 tonnes, almost 10 times greater than their NAFO quota in international waters.

THE CANADIAN PRESS

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As competition looms from credit card firms, Interac has its request to become a for-profit business shot down. Scan this code for the story.

DON'T LET OTHERS SPEAK FOR YOU



PROVINCIAL BY-ELECTION IN THE ELECTORAL DISTRICT OF OTTAWA WEST-NEPEAN, MARCH 4, 2010

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RETURNING OFFICE ADVANCE POLL

Saturday, February 20 to Thursday, February 25
10 AM to 8 PM

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ADDITIONAL ADVANCE POLLS

Tuesday, February 23 to Thursday, February 25
10 AM to 8 PM

Ottawa West YMCA-YWCA
200 Lockhart Avenue, Ottawa

Bayshore Recreation Centre
98 Woodridge Crescent, Ottawa

Ben Franklin Place
101 Centrepointhe Drive, Ottawa

TO VOTE YOU MUST

- be at least 18 years of age on March 4 **and**
- be a Canadian citizen **and**
- reside in the Electoral District of Ottawa West-Nepean

To receive your ballot, you will be asked to state your name and place of residence and show proof of identity to the poll officials. For a list of acceptable ID, visit our website or call the Returning Office.

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Take this card and your ID with you when you go to vote.

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Published on behalf of the electoral district Returning Officer by the Chief Electoral Officer of Ontario

WHAT HELP IS AVAILABLE?

TTY: 1.888.292.2312

Sign language: For an interpreter, call the Canadian Hearing Society, Ontario Interpreting Services.

Other formats: Information is available through VoicePrint and on our website.

Accessibility: The Returning Office and advance poll locations are wheelchair accessible. To determine if your Election Day voting location is accessible, check your Notice of Registration card or call the Returning Office.

To find out more www.elections.on.ca | 1.866.532.3157



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Be sure to keep your furnace filters clean. You need to check and change your filter every month during the heavy use in the winter to assist with the air flow so your system doesn't have to work harder to keep you warm. **METRO NEWS SERVICES**

7

Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA



Do Green things

The book *Do One Green Thing* is a green guide that brings a clear and simple ideas to those who don't want to go fully carbon-neutral but do want to make a difference.

METRO NEWS SERVICES

Living on the forefront of climate change

Maldives president setting up islands to become world's first truly carbon-neutral nation

ROMINA MCGUINNESS
Metro World News

The devastating consequences of climate change are already beginning to claim victims.

The low-lying island of the Maldives, in the Indian Ocean, is being faced with the looming threat of rising sea levels, a direct effect of global warming. The Islands beacon of hope, President Mohamed Nasheed, the Maldives first democratically elected president in more than 30 years, is the man at the forefront of the climate change movement.

Nasheed talks to Metro about how the Maldives is set to become the world's first carbon neutral nation.

Q What are the biggest environmental threats currently faced by the Maldives?

A Climate change and the rising sea level are two of our biggest threats. The Maldives is already experiencing unprecedented levels of coastal erosion, threaten-



Maldives President Mohamed Nasheed is trying to make his country carbon-neutral.

ing people's property. Coastal erosion and seawater intrusion is also polluting groundwater and damaging farm crops.

Q In your opinion, who are the biggest culprits and contributors to climate change. What should we be doing to stop them?

A I don't want to get into the game of pointing fingers and apportioning blame

for climate change. The whole world needs to come together behind a shared vision of low carbon development. Green and renewable technologies now exist to provide every good and service we require and we should make the goal of using them.

Q How long do you think it will take for the Maldives to become the world's first

carbon neutral nation?

A We aim to go carbon neutral in 10 years; which means a 100 per cent net reduction in our carbon dioxide emissions by 2020.

We will aim to shift from oil to 100 per cent renewable energy production by using wind farms, solar power and waste-to-energy plants to power the entire country.

We have already signed

deals with international energy firms to build wind farms in the Maldives.

Q Do you think people should see the Maldives as a victim of climate change or as a symbol of hope?

A Every single person on this planet will be a victim of climate change unless we act to bring it under control. The Maldives just happens to be at the frontline of this challenge.

We may be the first to suffer the consequences, but we will not be the last.

Q What eco projects are being developed in the Maldives?

A The government is currently working with international energy firms, such as Suzlon, to build wind farms that will reduce the amount of oil we burn to generate electricity. We are working with the Government of Japan to install \$10 million worth of photovoltaic solar panels in and around the capital city of Male.

Q Will you be using natural defenses,

such as coral reefs, to save the Maldives?

A The coral reefs are our natural defenses against the sea — they act as a natural breakwater around every island. Protecting the coral reefs is critically important to prevent erosion and ensure we don't lose all the biodiversity of the sea. Corals are particularly sensitive to rising sea temperatures.

Q If one day you have to find a new plot of land for the Maldives, where do you think you would look?

A We do not want to leave the Maldives. If the world comes together and tackles carbon pollution, the Maldives has a future in the 22nd Century. If we can't save the Maldives today, you can't save London, New York or Hong Kong tomorrow.

Nevertheless, it is the government's policy to at least start thinking about the worst-case scenario 100 years down the line and for us; that means moving to dry land elsewhere.

Make your office environmentally friendly

ROMINA MCGUINNESS
Metro World News

Clear your head, your conscience and your carbon footprint in one go.

Metro's brings you some tips on how to make your office a purer, greener and environmentally friendlier working space.

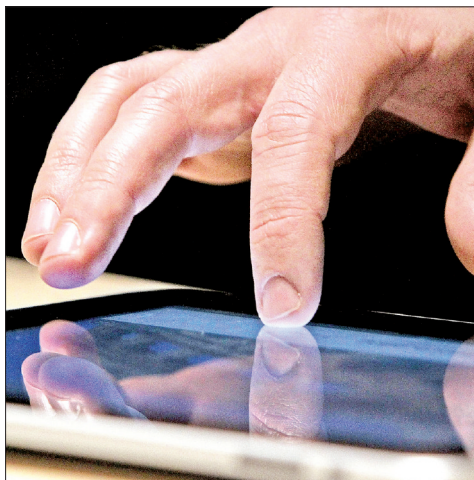
GO ELECTRIC

Technology is here for a reason so digitalize and dematerialize as much as possible. Emails, invites, calendars and files can all be saved onto your computer rather than on paper.

Back all information on an external hard drive as much as we love technology, computers do tend to crash and burn when loaded with too much information.

PAPER

Print only if you must as most of the time you can read and make changes directly on the screen with-



The paperless office may have never fully arrived but you can still do your part and cut down on printing off items.

out printing. When you do print, choose the double sided setting, which will print on both sides instead of just one. When re-stocking, go for recycled paper.

LIGHTS

Switch off all lights when you leave the office, especially desk lights that are smaller yet easily forgettable, but still powerful.

Switch to LED (light emitting diode) bulbs, which are more efficient and save than traditional ones.

FURNITURE

Choose office furniture (desks, chairs, filing cabinets) made from sustainable wood, recycled metal and non-toxic waste.

COMMUTE

Public transport (bus, subway, train, car) is over crowded and stressful. It also contributes to your carbon footprint as thanks to the toxic fumes emitted throughout the journey. If the work home distance and weather allows for it, either ride your bike or walk into work. It's a healthier and cheaper option with minimal impact.

FOOD AND DRINK

Keep your take away coffee consumption low as every single paper cup adds up on your daily carbon footprint. Bring in a packed lunch to avoid buying mass produced food typical of fast food joints.

WEEKLY REWARDS

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Eleventh-seeded Marion Bartoli of France and 14th-seeded Francesca Schiavone of Italy won first-round matches at the Dubai Tennis Championship yesterday. Bartoli routed Ekaterina Makarova 6-2, 6-0 of Russia, and Schiavone beat Romania's Sorana Cirstea 6-2, 7-5. **THE ASSOCIATED PRESS**

Sports

Johnson repeats at Pebble Beach

Dustin Johnson, right, is the first player to win the Pebble Beach National Pro-Am in consecutive years, making a short birdie putt on the final hole for a one-shot victory over David Duval and J.B. Holmes. Johnson closed with a 2-over 74, the highest final round by a Pebble champion since Johnny Miller in 1994. Mike Weir of Bright's Grove, Ont., shot a 73 to finish 13 shots back.

THE ASSOCIATED PRESS



EDITOR: DON.MCHOULL@METRONEWS.CA

Senators enter break on high note

Ottawa scores three in the third period to complete comeback win over Islanders

NHL RESULT

Senators 4 Islanders 3



Alex Kovalev, Jason Spezza and Mike Fisher scored in a 6:59 span of the third period to propel the Ottawa Senators to a 4-3 comeback victory over the New York Islanders yesterday.

Ottawa won for the 14th time in its past 16 games, erasing a 3-1 deficit to head into the Olympic break with momentum. Jarkko Ruutu also scored to improve the Senators to 3-0 against the Islanders this season.

Blake Comeau posted his



Ottawa Senator Peter Regin, left, skates against Dustin Kohn of the New York Islanders yesterday at Nassau Coliseum in Uniondale, New York.

first career two-goal game and Matt Moulson added his team-leading 22nd goal for New York. The Is-

landers head into the lay-off with nine losses in 11 games.

Fisher deflated the

sparse Nassau Coliseum crowd when he moved behind Andy Sutton near the right post. Fisher then

tipped Filip Kuba's feed past Dwayne Roloson for the game-winner at 10:46.

Down two goals entering the final period, Ottawa killed off a 56-second 5-on-3 penalty kill to start the third.

The lack of a put-away goal gave Ottawa hope when Kovalev scored his 17th goal from a left post wrist shot at 3:47.

Spezza's power-play goal almost five minutes later tied the score and Fisher completed the momentum swing 1:33 after that when he tied Milan Michalek for Ottawa's team lead in goals with 20.

Roloson made 31 saves but is still looking for his first win since Jan. 21, having lost his past five starts.

THE CANADIAN PRESS

Veterans Nash, Billups, Kidd among NBA's best

NBA The NBA all-star game is often a matter of style over substance, with dunks and no defence and showmanship trumping all.

But amid all the hype and flash last night, amid all the hoopla of the biggest crowd to ever witness an NBA game and the accompanying excesses, were three 30-somethings striking a blow for slow and steady and just getting a job done.

Steve Nash of the Phoenix Suns, Chauncey Billups of the Denver Nuggets and Ja-

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son Kidd of the Dallas Mavericks, all point guards known more for their brains than for how high the jump or how fast they run, were centre stage for the Western Conference.

"You put in the hard work because you love to play and love being part of the team and I think those guys exemplify that," Nash said of Billups and Kidd. "They have a great desire to play the game and it helps that they are good at it, too."

Nash, who turned 36 a week ago, leads the NBA in assists at 11.1 per game and is playing at as high a level as he was in back-to-back Most Valuable Player seasons.

TORSTAR NEWS SERVICE

McMurray wins Daytona 500

NASCAR Jamie McMurray has won the Daytona 500, holding off a hard-charging Dale Earnhardt Jr. over a wild, two-lap sprint to the finish of NASCAR's version of the Super Bowl.

The race was stopped twice and delayed for more than two hours because of a pothole at Daytona International Speedway, and the setback nearly derailed the race.

NASCAR struggled to patch the hole, and drivers knew the pavement could tear at any time after the fi-

nal repair.

It meant they had to race hard the final 80 miles, and did they ever.

Earnhardt drove from 10th to second over the final two laps, but was unable to chase down McMurray, who won his fourth career Sprint Cup race.

THE ASSOCIATED PRESS



Jamie McMurray

Sports in brief

SOCCER Crystal Palace held Aston Villa to a 2-2 draw in the FA Cup yesterday to earn a rematch for the cash-strapped second-tier club, which is searching for a buyer. Premier League rivals Tottenham and Bolton will also have to play their fifth-round match again after drawing 1-1. The winner will play Fulham, which advanced with a 4-0 victory over fourth-tier Notts County.

GOLF Fred Couples earned his first Champions Tour victory yesterday, overcoming a record-tying round by Tommy Armour III to win the ACE Group Classic. Couples, who had a five-shot lead at one point, had to make a five-foot birdie putt on No. 17 and a tap-in par on the final hole for his first victory since the 2003 Shell Houston Open.

HOCKEY The Maple Leafs have added another ex-Calgary Flame to their roster. Toronto claimed forward Jamie Lundmark off waivers from the Flames on Saturday. The 29-year-old played in 21 games with Calgary this season, registering four goals and five assists.

METRO NEWS SERVICES

SCOREBOARD

NHL

YESTERDAY'S RESULTS

OTTAWA 4 N.Y. Islanders 3
Minnesota 6 Vancouver 2
Chicago 5 Columbus 4 (SO)
Nashville 4 Pittsburgh 3 (SO)
N.Y. Rangers 5 Tampa Bay 2
Anaheim at Edmonton

SATURDAY'S RESULTS

Detroit 4 OTTAWA 1
Calgary 3 Anaheim 1
Philadelphia 6 Montreal 2
Boston 3 Florida 2 (SO)
Buffalo 3 San Jose 1
Carolina 5 New Jersey 2
Chicago 5 Atlanta 4 (SO)
Dallas 3 Phoenix 0
Los Angeles 3 Colorado 0
N.Y. Islanders 5 Tampa Bay 4
St. Louis 4 Washington 3 (SO)

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Peace Resolution discussed

A tribute to the Olympic Peace Resolution was feeling the love on Valentine's Day. Gov. Gen. Michaëlle Jean held an informal "discussion" with athletes from six different countries yesterday at the Whistler athletes' village. **THE CANADIAN PRESS**



Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

Luge changes leave some unhappy

TRACK Luge medal contender Natalie Geisenberger used her German words — and didn't mince them — yesterday when asked what it's like to run the biggest race of her life from the same start line used by newbies.

"It's not a ladies start. It's a kinderstart (children's start)" said the 22-year-old, who, along with teammate

Tatjana Huefner, are favourites to win gold when the women's Olympic competition begins today at the Whistler Sliding Centre. "I'm not happy," she said.

"We trained the whole summer and we are strong and fast, and now the fastest sliders are slow. It's not good for us. It's not fun."

The death of Georgian slider Nodar Kumaritashvili on Friday has thrown into disarray the training and race strategies developed over months and even years by all luge teams at the Vancouver Games. In response, officials changed the ice profile on that corner but also ordered athletes to move one start line down for the competition. That meant the men raced for gold yesterday not from the top of the 1,450-metre track, but a fifth of the way down at the ladies start.

The women and men's doubles teams have, in turn, been bumped to a third of the way down, at the start reserved for juniors.

THE CANADIAN PRESS

'A wonderful moment'

Groves kicks things off for long-track speedskaters with bronze

JEFF HODSON
jeff.hodson@metronews.ca

Putting on her skates prior to her bronze-medal winning skate yesterday, goosebumps shivered up Kristina Groves' arms as the booming hometown crowd welcomed six-time Olympic medalist Cindy Klassen.

"I've raced in places where it's been that loud, but never for Canada," said Groves, who won Canada's second medal yesterday in the ladies 3,000-metre long-track speed skating.

"It was really wonderful. It was deafening, just deafening."

Groves, Klassen and Canadian flag-bearer Clara Hughes were awed by the roar they received from the crowd at the Richmond Ice Oval, which included a large contingent of Dutch fans.

There was also a small, but noisy group of Czech fans who went bananas when Martina Sablikova won gold, becoming only the second Czech woman to win a gold at a Winter Olympics.

Hughes, who finished fifth, said the thunderous crowd spurred her to one of the best races of her life.

"On the corners it just made me want to dance on



Kristina Groves skates to a bronze medal finish in the women's 3,000-metre long-track speedskating final at the Vancouver Winter Olympic Games in Richmond, B.C., yesterday.

my blades," said Hughes. "On the straightaways it just propelled me forward. It just gave me so much and it was beautiful ... I can't even express what that felt like to be within that tunnel of energy."

Groves, Canada's best medal chance in the 3,000 metres, raced in the second to last pairing and despite leading all race, was edged by a blade by silver medal winner Stephanie Beckert.

She then waited on tenterhooks for the final pairing of Daniela Anschütz Thoms and defending 2006 gold medalist Ireen Wust.

"Going down that last straightaway, I saw (Anschutz Thoms) and I thought she's going to get me for sure," said Groves. "In that split second we were shocked. I was so happy. It

was a wonderful moment."

Klassen, who won bronze in the 3,000 in Turin and Salt Lake City, finished 15th, despite a strong start. She said it was a tough race and one in which she laid it all out. Klassen underwent arthroscopic surgery on both knees in July 2008 and didn't begin racing until last January.

"I'm really so grateful to God to be here to represent our country," Klassen said. "I didn't even know if I was going to qualify for the Olympics, so this is a very special moment for me."

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Women's downhill ski training cancelled? Blame it on the rain

RAIN The Olympic motto: Faster. Higher. Stronger. But for the Vancouver Games it could very well be: Foggy. Rainy. Slushy.

As the 2010 Games roll into the first full week of competition, organizers, athletes and fans are anxiously watching the sky and

the thermometer.

Along the Whistler Village Stroll, puddle-jumping has replaced ski-jumping as a spectator's sport. The alpine community was deluged with rain over the weekend.

Women's downhill ski training was cancelled once

again, as was the super combined race yesterday after a day of heavy rain and snow at the Creekside venue.

In the nearby Callaghan Valley where the nordic, biathlon, nordic combined and ski jumping events are held, the snow is packed down but high humidity

has made the course slippery.

Organizers remained positive, despite the rising mercury, and pointed to the successful women's mogul event Saturday night, where Canadian Jenn Heil took home the silver.

THE CANADIAN PRESS

VANCOUVER GAMES					
MedalCount					
RANK	NATION	1	2	3	TOTAL
1	U.S.	1	2	3	6
2	Germany	1	3	0	4
3	France	2	0	1	3
4	Canada	1	1	1	3
5	South Korea	1	1	0	2
6	Italy	0	0	2	2
7	Czech Republic	1	0	0	1
8	Netherlands	1	0	0	1
9	Slovakia	1	0	0	1
10	Switzerland	1	0	0	1
11	Australia	0	1	0	1
12	Norway	0	1	0	1
13	Poland	0	1	0	1
14	Austria	0	0	1	1
15	Croatia	0	0	1	1

Father won't watch video of son's death on luge track

GEORGIA The father of a Georgian luger killed during training before the Vancouver Olympics said he won't watch video footage of his son's death.

Nodar Kumaritashvili died after he slammed into an unpadded steel pole having slipped off the course while traveling at nearly 145 km/h in a training run Friday.

Kumaritashvili's father, David, said he won't watch the accident and that organizers shouldn't have used the lightning-fast course. "I can't and I won't see the footage of my son's last minutes," said David Kumaritashvili, his voice overcome by emotion. "The course was bad. They shouldn't have built the track allowing such a speed. It was a serious mistake." **THE ASSOCIATED PRESS**



Nodar Kumaritashvili

What do you **choose** to do?

For more on 2010 Kindness Week, like guides for schools and workplaces, a listing of kind retailers and restaurants, daily kindness challenges and enough kindness tips to keep you going throughout the year, visit:

kindottawa.ca

Feb. 12-19 is Kindness Week

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Vancouver Games

Welcomed with open arms

Fans aren't the only ones anticipating the arrival of Canada's NHLers

Sidney Crosby and company are moving into the athletes village, and Canada's Olympians can't wait for their new neighbours to arrive.

"I'll walk up to Crosby and say 'Hey man, you're awesome.' And he'll be like 'Who are you?'" said Calgary luger Jeff Christie.

Canada's men's hockey team arrived throughout the day yesterday. After a single day of practice together, Canada opens the highly anticipated Olympic men's hockey tournament tomorrow versus Norway.

The 22-year-old Crosby, from Cole Harbour, N.S., is captain of the Pittsburgh Penguins and the most recognizable face in the NHL along with Russian forward Alex Ovechkin. Crosby's name pops up constantly when Canada's athletes talk about the hockey players' arrival.



Sidney Crosby

"I just would like to know how he deals with certain situations, like the Stanley Cup," said Toronto figure skater Patrick Chan, a medal contender in his own right. "That's probably the equivalent of the Olympics. I think he's really wise and he's young like I am, so he's kind of in the same situation."

Calgary curler Cheryl Bernard said she and her teammates anticipate sitting across the table from them in the dining hall.

"I'm a little concerned that our team is going to get a reputation for being stalkers of the men's hockey team," she said.

Crosby, Chris Pronger, Scott Niedermayer, Martin Brodeur and the rest will be part of the greater Canadian Olympic team, but their fame in this country sets them apart from athletes like Christie, Chan and Bernard.

Most of Canada's Olympians could walk down any street in the country and not get a second look. There isn't one player on the men's hockey team who could avoid requests to sign a piece of paper, hat, shirt or part of someone's anatomy.

"It does feel different," said short-track speedskater Francois-Louis Tremblay of Montreal. "They are superstars while we are people walking the street and pretty much nobody recognizes us."

The athletes acknowledge that Canada's hockey players get a disproportionate amount of attention at the Olympics, but they don't seem to resent it.

"It's part of our culture and part of being a Canadian," said Edmonton bobsleigh pilot Pierre Lueders. "We've got the best players in the world. It's justified."

Long-track speedskater Kristina Groves points out

"People want us to win hockey gold. I feel bad for those guys because they're the ones that have the most pressure of anyone."

Kristina Groves, speedskater

that speedskaters receive the same treatment in the Netherlands that NHL players do in Canada because the Dutch are as passionate about that sport as Canadians are about hockey.

"People want us to win hockey gold," she said.

"I feel bad for those guys because they're the ones that have the most pressure of anyone. Can you imagine? They are pretty good at dealing with it because they are under pressure a lot of the time."

THE CANADIAN PRESS

Biathlon Gold goes to France



Vincent Jay of France on his way to win the gold medal of the men's biathlon 10 km sprint event at the Vancouver 2010 Olympics in Whistler, B.C., yesterday.

JENS MEYER/THE ASSOCIATED PRESS

The ice was 'pretty much perfect'

CURLING There is one great equalizer in the sport of curling that allows bad teams a chance — albeit a faint one — to bring the good teams down to their level.

The quality of ice has been a boon to less experienced teams at international events for decades and a bane, most notably, to Canadians.

For the 2010 Games, Canadian icemakers used the particular expertise developed from years of handling major championships to produce an ice surface for the Games

that's probably the best since curling became an official Olympic sport 12 years ago.

"Finally the Olympic games are going to have some curling ice and so that's great for our sport and that means the curlers are going to be happy too so hopefully there won't be any complaints," reigning world champion David Murdoch of Britain said after his first ice test at the Vancouver Olympic/Paralympic Centre.

"I think it was pretty much perfect."

THE CANADIAN PRESS



Team Canada's Caroline Ouellette talks to Slovakian goaltender Zuzana Tomcikova after Canada's 18-0 victory over Slovakia during Game 2 of women's Group A hockey on Saturday.

Olympic hopeful Getzlaf has big night in Edmonton

INJURY Ryan Getzlaf made a strong case to keep his spot with Team Canada at the Winter Games last night. The Ducks forward scored twice and added two assists in his first game back from a sprained left ankle as Anaheim beat the Edmonton Oilers 7-3.

Getzlaf's four-point

night is good news for Canada's men's Olympic hockey team. Philadelphia Flyers forward Jeff Carter is in Vancouver in case Getzlaf doesn't pass a medical evaluation.

Previously, Getzlaf had only been able to practise lightly on his ankle and sat out Saturday night's game at Calgary.

Roster changes for Team Canada aren't allowed once the 23-man list is handed to Olympic officials today by 3 p.m.

Canada's coach Mike Babcock said the team is

very excited that the tournament is about to begin. "We think we have an opportunity," he said.

"I don't know what else you could ask for — the Olympics are in your home country, obviously Vancouver is a beautiful, beautiful

city. We get to show off how proud Canadians are and what a great place we have. And we get to show off how good we are at hockey."

Los Angeles defenseman Drew Doughty touched down at Vancouver International Airport yesterday morning and was the first of the

23 players to arrive. "When I got on that flight this morning, it really started to set in and I got really excited to be here," said Doughty.

THE CANADIAN PRESS

Sidney's scare

• Pittsburgh Penguins and Team Canada star Sidney Crosby said he was unhurt and headed to Vancouver for the Olympic tournament despite winning in pain shortly after he took a slapshot in Pittsburgh's loss to Nashville yesterday. "I will be there," Crosby said after the 4-3 shootout loss. "I'm on the flight tonight," he said. Crosby spent several minutes on the bench with his head down after blocking a Kevin Klein slapshot in the second period.

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Women's blowout win evokes talk of mercy rule

HOCKEY The Canadian women's hockey team is one game into the Olympics and already Games organizers are fielding questions about a mercy rule.

Canada opened its Vancouver Games account with an 18-0 thumping of Slovakia on Saturday. Yesterday, questions about the lopsided score were raised at the daily IOC-VANOC joint briefing.

IOC director of communications Mark Adams said the issue was not raised between the two organizations.

"Clearly if you're on the

losing side of a hiding, it's never much fun," said the Briton, who watched the game.

"But I'm sure they had a great experience and I'm sure they're thankful to be Olympians."

"You know these things happen in all sports, at all levels. They're a good team but clearly yesterday Canada were the better team — by a long way."

Asked about a possible mercy rule, Adams said: "It's an interesting idea. I'm not sure it would have been good last night. I enjoyed watching the game."

THE CANADIAN PRESS

Private-sector investment in research at Canadian colleges balloons

Private-sector investment in applied and industry-driven research at Canadian colleges, institutes, polytechnics, CEGEPs, and university colleges grew ten-fold over the last three years, from \$4 million to \$45 million, according to a report. **METRO NEWS SERVICES**

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Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Students rack up \$10k in false alarms

In 2009, the University of Victoria paid nearly \$10,000 in fines because too many false alarms were pulled in school residences. Despite students being evicted from campus housing when caught, the problem continues and puts a strain on resources. Close to half the fines levied by the local fire department for excessive false alarms come from uVic residences. On some nights, fire crews have been called up to nine times to the residences. **METRO NEWS SERVICES**

Sirius-ly into sending signals

JON TATTRE for Metro Canada



BUSINESS Sirius Canada Satellite Radio is getting seriously big, as the four-year-old company cruised past the million-subscribers mark recently and CEO Mark Redmond plans to take the company wider and deeper into the lives of Canadians.

"It was our most significant milestone to date," he says. "It reiterates what we've believed all along, which is that this technology and service (has) a tremendous market opportunity."

The final growth spurt to hit a million came during a recession that saw auto companies take a beating. That didn't faze Sirius, though a big chunk of their business is getting satellite radios into cars. "We were able to grow not only our revenue and subscribers, but also improve our financial position," Redmond says, boasting of being cash-flow positive for a string of quarters



Mark Redmond is the CEO of Sirius Canada Satellite Radio.

now. "We are profitable."

Redmond, who was born in Halifax, worked for 17 years with Thomson, a global player in digital video, before joining Sirius U.S. He spent a year there learning the satellite radio ropes before returning to Canada to launch

Sirius here in 2005.

Sirius Canada's licence was finally approved in September 2005 and they launched on Dec. 1. "It was a mammoth undertaking," he recalls.

His goal then was to build the brand so Canadians knew what Sirius was

offering. Now that one in thirty of us have signed up, Redmond credits the product itself: 120 channels, mostly commercial-free, covering sports, talk, entertainment, music and, of course, Howard Stern.

"You can listen to it

from coast to coast, so if you get into a market like Halifax, where your choices become limited, we bring in 120 channels of variety and content. At \$14.99, it's a pretty compelling offer," he says.

The goal now is to keep those million clients —

"You can listen to it from coast to coast, so if you get into a market like Halifax, where your choices become limited, we bring in 120 channels of variety and content. At \$14.99, it's a pretty compelling offer."

Sirius Canada CEO
Mark Redmond

Redmond says customer satisfaction is better than 90 per cent — to draw more and get existing clients to add services to the cottage, RV, boats and secondary car. Sirius recently released an app for the iPhone and iPod Touch that lets subscribers listen on those devices.

Asked what Sirius is working toward now, he says, "The next million. Hopefully it will come a little quicker."

If you can write a CV like da Vinci, you just might land that job

ELISABETH BRAW Metro World News



"I have a sort of extremely light and strong bridges, adapted to be most easily carried, and others, secure and indestructible by fire and battle, easy and convenient to lift and place," wrote Leonardo da Vinci in 1482.

"Also methods of burning and destroying those of the enemy."

Leonardo was trying to get a job: The long letter, which details everything the painter and engineer would be able to do for a future employer, was addressed to the Duke of Milan. Today's job-seekers should learn from Leonardo, advises Marc Cenedella, founder and CEO of job-site theladders.com.

"Most people write a history of what they've done. What an employer is interested in is, 'What can you do for me?'" TheLadders.com targets high-income earners; Cenedella features Leonardo's job letter on his job blog, stone.com.

In his application letter, 30-year-old Leonardo explains that "I have methods for destroying every rock or other fortress, even if it were founded on a rock," that he can make guns and mortars — and that during peace time, he can paint and make sculptures. "Leonardo does exactly the right thing," explains Cenedella. "In a store you'd never buy a product whose packaging only describes how the company came up with the

Tips

- A resumé is an advertising vehicle. Leonardo's letter is a fantastic example of personal marketing because it was written to persuade the Duke.
- Be a specialist; not a generalist. Leonardo is specific on the specialized skills he can offer.
- Address prospective employer's needs. A resumé is not the laundry list/standard bio that talks about you, but the marketing piece that talks about the benefits to your future employer. Leonardo sells the Duke on what he can do for him.

product. Focus on how you'll benefit your employer. Don't tell — sell!"

Workology in brief

SAINT MARY'S UNIVERSITY WANTS YOU TO GET CLOSER

last week, Saint Mary's University launched a multimedia recruitment campaign that centres around student ID cards. The campaign features real SMU students with their ID cards superimposed over their actual face.

ABORIGINAL STUDENTS MENTOR LOCAL HIGH SCHOOL

STUDENTS As part of the Aboriginal Student Links project, Aboriginal students at Nipissing University in North Bay will visit local high schools on a weekly basis to meet with First Nation, Inuit, and Métis students, encouraging them to complete high school and go on to PSE.

FNUC TO BE KEPT OPEN? Following discussions with Fed-

eration of Saskatchewan Indian Nations chief Guy Lonechild and University of Regina president Vianne Timmons, Saskatchewan Advanced Education Minister Rob Norris says "a window of opportunity exists" regarding a new deal between the First Nations University of Canada and uRegina that would keep the former open.

METRO NEWS SERVICES

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Knowing the science of food

OddJobs

Diane Peters

Metronews.ca/oddjobs



The first time Winnie Chiu went on a date with her future husband, she nearly wrecked the

mood. "These are cultivated blueberries," she said over the romantic dessert, and went on to explain to him how wild berries are much smaller and less uniform in shape.

Years later, he's used to being sent back to the grocery store, having bought French vanilla ice cream when she asked for natural vanilla bean. "Go and buy it yourself," he often says.

Chiu, now 46, was passionate about food long before it became her job. But it was only after the Hong Kong native finished a degree in biochemistry and microbiology at the Univer-

"(Winnie Chiu spends her days) establishing precise measurements for things like salt, sugar and flavour, so the food was the same when the recipe was scaled up."

sity of Westminster in the U.K. that she figured out how to blend her science skills with a job in food.

After her degree, she heard about a masters in food science at the University of London and thought it would suit her perfectly.

Back in Hong Kong, Chiu got her first job at flavour company. She spent her days in the kitchen experimenting with natural and artificial flavours in ice cream, muffins, pop and gum.

When the Hong Kong Polytechnic University decided to add a food science program, they asked Chiu

to help create the curriculum.

But in 1992, Chiu and her father decided to immigrate to Canada because of the impending changeover of power in Hong Kong, and the fact that the food industry is much larger here.

Chiu once again got a job for a flavour company, working on ice cream, frozen yogurt and other treats, and later worked for another company making prepared foods.

At her jobs, she spent her days taking recipes developers and chefs and making them suitable for mass production. That meant establishing precise measurements for things like salt, sugar and flavour, so the food was the same when the recipe was scaled up.

Chiu would do a lot of tasting throughout the day. So she'd make a dozen or more prototypes of the recipe, taste the results, and move onto another food product later to avoid burning out her taste buds.

When she wasn't cooking and tasting, she was

The Lowdown

Job title: Food scientist

Salary: \$40,000 to \$150,000

Education/training: Undergraduate or graduate degree in food science

Best Part of the Job: "To be able to see a product you helped develop on the store shelves."

Worst Part of the Job: "When you have a great idea and it just doesn't work."

taking meticulous notes on measurements and food costs.

Chiu worked in the food industry in Canada for eight years. In 2005, she got hired by George Brown College to work with culinary and students and teach them how to integrate food science into great cooking.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.



Winnie Chiu has spent her life around food.



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Workology in brief

N.B. INTRODUCES COMMUNITY COLLEGES ACT Last week, New Brunswick's PSE minister introduced the New Brunswick Community Colleges Act, which will establish autonomous English and French community college corporations. Each corporation will be headed by a board of

governors, and have a president/CEO selected by its respective board. The head office for the New Brunswick Community College will be in Fredericton, while Bathurst will serve as the head office for the Collège communautaire du Nouveau-Brunswick.

MUN BOARD APPROVES CHANGES TO GRENfell MANAGEMENT STRUCTURE Memorial University's board of regents has begun implementing changes to the management structure at Sir Wilfred Grenfell College as recommended by the Newfoundland and

Labrador government. At its meeting last week, the board approved the recommendation that the position of principal be re-titled vice-president (Corner Brook), and the vice-president has been invited to attend board meetings. METRO NEWS SERVICES

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Murphy's last movie

Brittany Murphy's final film will be released this summer. The actress — who died from cardiac arrest in December at age 32 — filmed psychological horror thriller *Abandoned* last June. USMAGAZINE.COM

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Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Backstage with Celine

Celine Dion's new movie, *Celine: Through the Eyes of the World*, does more than highlight her performances during her last world tour; it also allows fans rare glimpses of her offstage life.

The documentary shows Dion as a goofy jokester, a doting mother, a tender wife, a wide-eyed tourist, a devoted daughter and more. The cameras tag along for intimate moments the superstar is happy to share with fans. "I want to be kind

of accessible. I don't want to be doing this show business and be different," said Dion — who took off a year after the tour — in a recent interview.

"What we do, it's extravagant, it's extraordinary ... I don't call it a normal life but we are normal people. For people to see we live as normal as possible ... makes my singing even more true and it gives me an extra bond with my fans."

Dion is working on new albums in English and French, and returns next year to Las Vegas for a three-year residency at the Colosseum at Caesars Palace.

Q Why did you decide to take fans behind the scenes instead of doing a straight concert film?

A First of all, it was not supposed to be shown. We wanted to make the best out of a privilege of touring the world; having my mother, who is 82 years old, and my son, who is seven years old, and to make it really like a photo album, to bring back home memories ... It was for a souvenir, really. But then it turned out to be ... quite exquisite.

Q You left your previous residency in Vegas after five years, needing a break. Then you went on tour. What made you go back to Vegas?

A They've been calling us to go back a lot, and don't forget that I still love what I do a lot. I wonder how can I surpass myself and do something different again. Well, we still have a lot of ideas coming.

Q You have spoken openly about your struggle to have another child. Do you think speaking out makes you a voice for other women with similar issues?

A In a way, yes, I hope so ... For me, through my songs, through my life, through my battles, through my hopes, it's a way for me to sing my songs better, to share my life, to help some people. **THE ASSOCIATED PRESS**

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2/15/10	265 353 2 TVO	What the Ancients Did for Us	The Agenda With Steve Paikin	Midsomer Murders	Little Black School House	Agenda-Paikin				
	211 331 3 GTV	Entertainment	ET Canada	House (HDTV PA)	24 (HDTV PA) (N)	Cold Blood	News Hour			
	- 5 SRC	Virginie (SC)	Les Parents (N)	L'Auberge du chien noir (SC)	Les Boys (SC)	C.A. (N) (SC)	Le Téléjournal Nouvelles (SC)	Vancouver		
	209 342 6 CHRO	TMZ (N)	Access H.	Human Target (N)	Two/Half Men	Big Bang Th	CSI: Miami (HDTV)	Comedy Now		
	196 311 7 CTV	(6) XXI Winter Olympics Figure Skating, Speed Skating, Hockey, Medal Ceremonies (Live)								
	208 303 8 CBC	Wheel Fortune	Jeopardy! (N)	18 to Life	Little Mosque	Winnipeg Comedy	CBC News: The National	The Hour		
	- 360 9 NBC	Wheel Fortune	Jeopardy! (N)	XXI Winter Olympics Figure Skating, Speed Skating, Snowboarding (HDTV) (Live)						
	117 713 10 TVA	Rachid	MTI	Yamaska (HDTV) (SC)	Tout le monde (HDTV) (SC)	TVA nouvelles	(10:45) Denis Lévesque			
	- 11 OS	(5:30) Jeux olympiques d'hiver: Vancouver 2010 Le hockey féminin, patinage artistique, surf des neiges, ski de fond. (En direct)								
	137 763 12 TFO	Panorama	Carnets d'expédition	Rendez-vous ** (1985, Drame)	Two/Half Men	Big Bang Th	CSI: Miami (HDTV)	Two/Half Men		
	- 362 13 CBS	The Insider (N)	Judge-Brown	How I Met	On Purpose	Olympics: On Home Ice	XXI Winter Olympics Figure Skating, (Live)	Dark Blue	News	
	216 395 14 OMNI2	Family Guy	The Simpsons	The Great Tournament	The Bachelor: On the Wings of Love (HDTV) (N)	Universal Soldier II: Brothers in Arms (1998, Science Fiction)	Castle "Love Me Dead"	News		
	214 344 15 CITY	Law and Order	The Office	Olympics: On Home Ice	Tournament	XXI Winter Olympics Figure Skating, (Live)	News at 11 (N)			
	115 343 16 CFMT	Two/Half Men	The Office	Olympics: On Home Ice	Tournament	XXI Winter Olympics Figure Skating, (Live)	News			
	218 345 18 CHCH	I've Heard the Mermaids Singing (1987, Comedy-Drama)	Action News	The Bachelor: On the Wings of Love (HDTV) (N)	Universal Soldier II: Brothers in Arms (1998, Science Fiction)	Castle "Love Me Dead"	News			
	- 361 20 ABC	(6) Dossier public	Little House on the Prairie	Dr. Quinn, Medicine Woman	Dossier public	100 Huntley Street	Life Today	Tête-à-tête	Dossier public	
	512 396 24 CPAC	TMZ (N)	Seinfeld	House (HDTV PA)	24 (HDTV PA) (N)	FOX 2 News (N)	FOX 2 News (N)	News		
	651 355 25 CTS	Business Rpt.	Wings-Canada	Antiques Roadshow (N)	American Experience "The Kennedys" (DVS)					
	- 365 36 FOX	(6) XXI Winter Olympics Figure Skating, Speed Skating, Hockey, Medal Ceremonies (Live)								
	- 64 PBS	Connect Today's biggest stories (N)	Situation Room-Wolf Blitz	Campbell Brown (N)	Larry King Live (N)	Anderson Cooper 360 (HDTV)				
	205 312 104 CTV	(6:30) XXI Winter Olympics Snowboarding, Speed Skating, Figure Skating, Cross Country Skiing (HDTV) (Live)	24 Heures en 60 minutes (SC)	Grands reportages (SC)	Le Téléjournal (SC)	RDI économie	Le National	Le Téléjournal		
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Ronnie Wood spent the night with ex-girlfriend Katia Ivanova last week, femalefirst.co.uk reports. The Rolling Stones guitarist may have rekindled his romance with the Russian beauty — who split with him in December. **METRO NEWS SERVICES**

Celebrity Buzz

Follow these celebrities on Twitter...

CelebTweets

NICK JONAS is looking on the bright side, **KATY PERRY** appreciates the work of Prince, Bollywood star **SHAH RUKH KHAN** wants to apologize for his earlier movies, and **KATHY GRIFFIN** is distracting Olympic athletes.

@nickjonas Bummer-I didn't play gold very well today. I had fun though, and that's what matters.

@katyperry Prince makes you feel sexy.

@iamsrk i promise will only make wonderful films from now on forever. all the ones that missed the mark & didn't please u.

@kathygriffin Just got a text from Johnny Weir. VERY A List that he got back 2 me during the Olympics! Hope he has an ambien 1 nighter w Bode Mille

METRO WORLD NEWS



McSpeedy gets off

USING THAT STAR POWER FOR GOOD ... WELL, HIS GOOD, ANYWAY Patrick Dempsey has his stint on hit medical drama Grey's Anatomy to thank for escaping a speeding ticket on Thursday — after a star-struck police officer recognized the actor and let him go, femalefirst.co.uk reports.

Dempsey, who races professionally in his spare time, admits he finds it "really hard to go slow" on the streets after being behind the wheel of his

race cars.

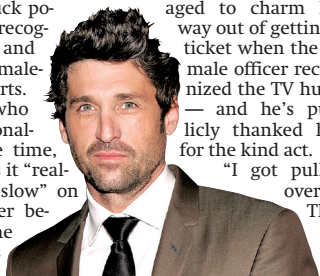
His need for speed landed him in trouble in Los Angeles on Thursday morning, when he was pulled over for driving too fast. But Dempsey managed to charm his way out of getting a ticket when the female officer recognized the TV hunk — and he's publicly thanked her for the kind act.

"I got pulled over. The

door opens and it's a female cop. Her name is Vanessa," he said.

"She's a wonderful officer, by the way — I asked (her name). She was with her partner, who's a middle-aged man with a moustache looking very grumpy. I'm just (thinking), 'I hope she watches the show ...' She goes back (to the police car) and I look in the rearview mirror and they're giggling. She comes back and goes, 'I can't give you a ticket.' I've got to thank the Sheriff's Department."

METRO NEWS SERVICES



Raising Courteney's Coco

JUST ADD HOT MILK AND A TOUCH OF SUGAR Courteney Cox-Arquette expects her daughter will become an actress, femalefirst.co.uk reports. The former Friends star — who has a five-year-old girl, Coco, with hus-

band David Arquette — said her daughter is an "unstoppable" drama queen, but she doesn't want her to get into acting too quickly. "I am most grateful for my daughter Coco. That kid is unstoppable! She's very

confident and funny," she says. "She's so dramatic already. She laughs hard. She pouts hard. She cries hard. She loves hard ... It would be no surprise to me if she went into acting"

METRO NEWS SERVICES

Nothing says love like olives

HE'S GETTING A GOLD MARTINI SHAKER FOR HIS BIRTHDAY

Angelina Jolie reportedly celebrated Valentine's Day by giving Brad Pitt quite the unique gift — a 200-year-old olive tree that cost \$18,500 US, according to the Sun.

Jolie "bought

it from a nursery called the English Garden Centre in Valbonne, near their house," a source tells the paper.

"It's a very special tree and cost her a fortune." The couple reportedly plan to plant the olive tree on their \$60 million estate in the south of France.

METRO WORLD NEWS



Pattinson's puppy love

NO, LIKE AN ACTUAL PUPPY Robert Pattinson only has one real love in his life, and it isn't Twilight co-star Kristen Stewart.

"The only emotional connection of relevance is with my dog," he tells Details magazine.

"My relationship with my dog, it's ridiculous."

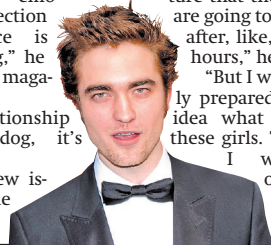
For the new issue of the magazine,

Pattinson endured a grueling photo shoot surrounded by naked women.

"It was a 12-hour shoot, so you kind of get the picture that these women are going to stay naked after, like, five or six hours," he says.

"But I wasn't exactly prepared. I had no idea what to say to these girls. Thank God I was hung over."

METRO WORLD NEWS



FROM THE DIRECTOR OF **HARRY POTTER AND THE SORCERER'S STONE**

"MOVE OVER HARRY, HERE COMES PERCY!"

Lindsay MacDonald, WFLA-TV/NBC (Tampa)

"AN ACTION ADVENTURE FOR THE ENTIRE FAMILY."

Jim Ferguson, KGUN-TV/ABC (Tucson)



PERCY JACKSON & THE OLYMPIANS THE LIGHTNING THIEF

FOX 2000 PICTURES PRESENTS A 1492 PICTURES / SUNSWEEP ENTERTAINMENT PRODUCTION A CHRIS COLUMBUS FILM "PERCY JACKSON & THE OLYMPIANS: THE LIGHTNING THIEF" CHRISTOPHER BECK ADAM THOMAS HAMMEL GREG MORRISAN GUY OSBAY MARK MORGAN KAREN ROSENWELL CHRIS COLUMBUS MICHAEL BARNATHAN MARK RADCLIFFE

1492 PICTURES THE PEARCE JACKSON MOVIE WWW.PERCYJACKSONMOVIE.COM

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JOB CONNECT

71 BANK ST, 5TH FLOOR

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(613) 232-0022

JOB FAIR

Tuesday, February 23rd, 2010

1:00-4:00PM

71 Bank Street 5th Floor

St. Lawrence College Job Connect in conjunction with Black History Ottawa would like to invite the general public to our job fair!

For Further Information Please call (613) 232-0022 ext. 1601

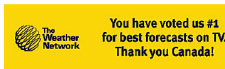
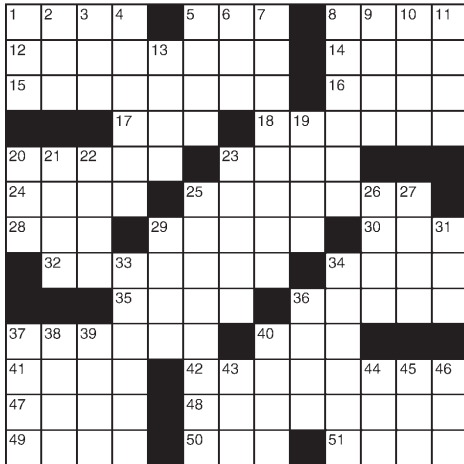
Bring copies of your resume with you for the opportunity to speak to employers. We look forward to seeing you there!

EMPLOYMENT ONTARIO
Ontario's employment & training network

St. Lawrence College

Black History Ottawa

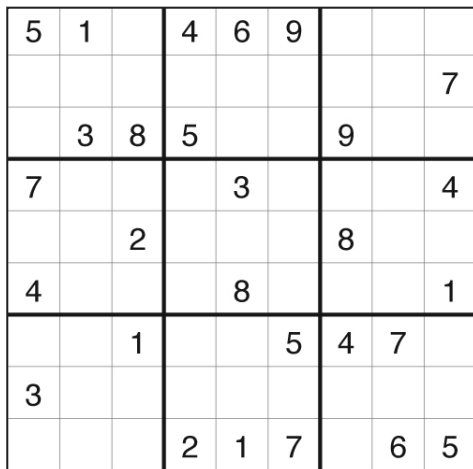
This Employment Ontario program is funded by the Ontario government.

For more delicious Metro recipes, visit: metronews.ca/food

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



ACROSS

- 1 Goya subject
5 Illuminated
8 Hairless
12 Trespass
14 Malaria symptom
15 Electrical energy measurement
16 Tragic
17 Type units
18 Removed the lid
20 Computer shortcut
23 Small branch
24 Actress Judith
25 Idea
28 Wynken, Blynken and —
29 Doughnut-shaped figure
30 Reaction to fireworks
32 Lacking
34 Sweat outlet
35 Steerer's place
36 Windy-day toys
37 Infants
40 Mineo of movies

- 41 Smell
42 High-temp nursery structure
47 Beer ingredient
48 Never a dull moment
49 Donkey's noise
50 Water barrier
51 Half the Brady kids

DOWN

- 1 Kitten's comment
2 Literary collection
3 Intersection (Abbr.)
4 Blood line
5 Cambodia's neighbor
6 Hosp. section
7 Discard
8 No-goodnik
9 Not "fer"
10 Entice
11 Homeowner's document
13 Speed skater
Apolo Anton —

- 19 Any of 12 popes
20 Hr. fraction
21 Acknowledge
22 Money of Ghana
23 Pluck idly
25 Backyard sight
26 Owl's sound
27 Rent
29 You, old-style
31 "— a real nowhere man ..."
33 "— days hath ..."
34 Airline employees
36 Madeline of "Young Frankenstein"
37 Flop on Broadway
38 Hebrew month
39 Gaucho's weapon
40 Goblet feature
43 Eggs
44 Spacecraft from far away
45 Big star
46 Golfer Ernie

Metro Recipe of the Day



Classic Crab Cakes

INGREDIENTS:

- 1 lb (500 g) canned crabmeat, drained, flaked and cartilage removed
2 cups (500 ml) soft bread crumbs
1 egg, beaten
3/4 cup (175 ml) mayonnaise
1/3 cup (75 ml) each chopped celery, green pepper and onion
1 tbsp (15 ml) seafood seasoning
1 tbsp (15 ml) minced fresh parsley
2 tsp (10 ml) lemon juice
1 tsp (5 ml) Worcestershire sauce
1 tsp (5 ml) prepared mustard
1/4 tsp (1 ml) pepper
1/8 tsp (0.5 ml) hot pepper

sauce
Lemon slices

METHOD:

1. In large bowl, combine crab, bread crumbs, egg, mayonnaise, vegetables and seasonings.
2. Shape into eight patties. Broil patties or cook in oiled skillet 4 minutes per side or until golden brown. Serve with lemon and green salad.

SERVES 4

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



8	2	3	7	1	6	4	5	9
1	9	4	5	2	8	7	3	6
6	5	7	4	9	3	2	8	1
7	4	9	3	8	1	6	2	5
2	3	6	9	4	5	8	1	7
5	8	1	2	6	7	9	4	3
3	1	8	6	7	2	5	9	4
4	7	5	8	3	9	1	6	2
9	6	2	1	5	4	3	7	8

On the web

For more games and 60 additional daily cartoon strips, visit metronews.caHoroscopes by Sally Brompton sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

If someone is making a lot of noise it is most likely because they have a lot to hide. Don't be intimidated by their aggressive attitude.



TAURUS

APRIL 21-MAY 21

Don't push yourself too hard today. This is one of those occasions when you will gain more by doing less.



LIBRA

SEPT 23-OCT 23

Someone who knows they can trust you in a crisis will ask you to get them out of a difficult situation today and, of course, you will do what you can.



SCORPIO

OCT 24-NOV 22

You know what you want and you know where to get it, so why are you still standing there as if you are rooted to the spot?



GEMINI

MAY 22-JUNE 21

A positive aspect between Venus and Pluto means you are more than ready to take up some kind of challenge.



SAGITTARIUS

NOV 23-DEC 21

You need to send a message today, the kind of message that leaves no one in any doubt that you know what you are doing. Be bold and be brave.



CANCER

JUNE 22-JULY 22

Just because someone disagrees with you does not mean you have to be enemies. Few things in life are totally black or white.



CAPRICORN

DEC 22-JAN 20

Don't stay at home on your own. Get out into the world and show everyone what you can do.



LEO

JULY 23-AUG 23

Do you really know the truth about a certain situation? And will those around you agree with your analysis and follow the path you suggest?



AQUARIUS

JAN 21-FEB 18

You don't have to do everything yourself. No matter the task you are working on there are people in your immediate neighborhood who can assist you.



VIRGO

AUG 24-SEPT 22

You may have a lot on your plate at the moment but there is no reason why you cannot enjoy yourself as well.



PISCES

FEB 19-MARCH 20

With Venus in your birth sign nicely aligned to power planet Pluto today you can combine the right amount of forcefulness with the right amount of charm.



TAKE A BREAK FROM WORK

Visit metronews.ca to watch

metrotube of the day

This day in history

1942: Second World War: The Fall of Singapore. Following an assault by Japanese forces, the British General Arthur Percival surrenders. About 80,000 Indian, United Kingdom and Australian soldiers become prisoners of war, the largest surrender of British-led military personnel in history. The Sook Ching massacre begins.
1944: Second World War: The assault on Monte Cassino, Italy, begins.
1950: The Soviet Union and the People's Republic of China sign a mutual defense treaty.
2005 – YouTube, the popular Internet site on which videos may be shared and viewed by others, is launched.

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09 Caliber SXT • Load, A/C, Auto st: 28895 km: 57252 \$12,850 \$101*** Bi-weekly	08 Prius Hybrid • Load, A/C, Auto st: 28330 km: 81618 \$18,850 \$148*** Bi-weekly	06 Lincoln Zephyr • Load, A/C, Lthr st: 29014 km: 56801 \$17,850 \$184*** Bi-weekly	07 Benz B200 • Load, A/C st: 29011 km: 36407 \$19,840 \$176*** Bi-weekly	06 Honda CR-V • 4WD, Load, A/C st: 28602 km: 100596 \$15,450 \$159*** Bi-weekly	08 KIA Sorento • Load, A/C, Auto st: 28495 km: 19332 \$19,850 \$156*** Bi-weekly
09 Focus SE • Load, A/C, Auto st: 28898 km: 34339 \$12,950 \$102*** Bi-weekly	09 Elantra GLS • Load, A/C, Auto st: 28742 km: 33159 \$13,950 \$110*** Bi-weekly	GREAT VEHICLES UNDER \$10,000		07 Matrix XR • Load, A/C, Auto st: 26930 km: 57850 \$15,980 \$142*** Bi-weekly	06 Nissan Murano S • AWD, Load, A/C st: 28931 km: 71266 \$19,950 \$206*** Bi-weekly
08 KIA Rondo EX • Load, A/C, Auto st: 28667 km: 44300 \$14,950 \$117*** Bi-weekly	06 Pontiac Torrent • Load, A/C, Auto st: 28564 km: 76512 \$12,950 \$133*** Bi-weekly	05 Toyota Echo • Std st: 29111 km: 83842 \$6,450 \$72*** Bi-weekly	05 Pontiac Montana • Load, A/C, Auto st: 90564-B km: 76478 \$9,450 \$105*** Bi-weekly	06 Saturn VUE • Load, A/C, Auto st: 28926 km: 81063 \$10,850 \$121*** Bi-weekly	09 Sienna LE • Load, A/C st: 28371 km: 36415 \$27,880 \$219*** Bi-weekly
07 Mazda3 • A/C, Auto st: 29056 km: 66923 \$11,650 \$113*** Bi-weekly	08 Grand Caravan • Slow N Go, Load, A/C st: 28835 km: 63025 \$15,850 \$124*** Bi-weekly	08 KIA Spectra • Load, A/C, Auto st: 28902 km: 62671 \$9,980 \$87*** Bi-weekly	05 Malibu MAXX LT • Load, A/C, Roof, Auto st: 90564-B km: 76478 \$8,950 \$100*** Bi-weekly	06 Honda Pilot EX • 4WD, Load, A/C st: 28542 km: 65095 \$23,950 \$247*** Bi-weekly	07 Corolla CE • Load, A/C, Auto st: 28867 km: 49461 \$12,860 \$114*** Bi-weekly
07 Ford F-150 Triton • 4x4, Load, A/C st: 29123 km: 53439 \$21,650 \$192*** Bi-weekly	05 Pontiac Vibe • 4 snow tires, A/C st: 28271 km: 82608 \$10,550 \$117*** Bi-weekly	05 Nissan Sentra SE • Load, A/C st: 28859 km: 101393 \$6,840 \$76*** Bi-weekly	06 Pontiac G6 • Load, A/C, Auto st: 28959 km: 71693 \$9,350 \$104*** Bi-weekly	08 Hyundai Accent • Load, A/C, Auto st: 28520 km: 62070 \$10,950 \$95*** Bi-weekly	06 Fusion SE • Load, A/C st: 28933 km: 72557 \$11,650 \$130*** Bi-weekly
08 Nissan Versa • Load, A/C, Auto st: 28669 km: 57882 \$11,950 \$104*** Bi-weekly	07 Nissan Xterra • 4WD, Load, A/C st: 28383 km: 61835 \$23,850 \$212*** Bi-weekly	08 Suzuki Swift • Auto, A/C st: 28906 km: 68936 \$8,960 \$78*** Bi-weekly	08 Cobalt LS • A/C, Auto st: 27416-A km: 67002 \$9,450 \$82*** Bi-weekly	08 Santa Fe GLS • 4WD, Load, A/C, Auto st: 28374 km: 61951 \$20,950 \$164*** Bi-weekly	09 Lancer • Load, A/C, Auto st: 29104 km: 24789 \$14,950 \$117*** Bi-weekly
07 Honda Accord • Load, A/C, Auto st: 26400 km: 64120 \$17,950 \$159*** Bi-weekly	06 Impala LT • Load, A/C, Auto st: 27601 km: 47157 \$11,960 \$133*** Bi-weekly	05 Chevrolet Aveo • Load, A/C, Auto st: 27413 km: 65876 \$7,980 \$89*** Bi-weekly	05 Pontiac Wave • Load, A/C, Auto st: 27575 km: 74681 \$6,960 \$77*** Bi-weekly	06 Sebring LTD Convert • Load, A/C, Lthr, Auto st: 27530 km: 61940 \$14,980 \$154*** Bi-weekly	06 Equinox LS • AWD, Load, A/C st: 27766 km: 78063 \$14,250 \$147*** Bi-weekly
06 Mazda5 • Load, A/C, Roof, Std st: 29091 km: 77346 \$10,650 \$119*** Bi-weekly	06 BMW 325 XI • Load, A/C, Auto st: 28306 km: 68321 \$29,950 \$309*** Bi-weekly	GET MORE FOR YOUR TRADE! ALL MAKES & MODELS ACCEPTED TRADE FROM \$500 TO \$5000 MINIMUM \$500 MORE TRADE FROM \$5000 TO \$10000 MINIMUM \$750 MORE TRADE FROM \$10000 TO \$40000 MINIMUM \$1000 MORE COUPON MUST BE PRESENTED BEFORE TRADE EVALUATION.		07 Honda Fit • Load, A/C, Auto st: 29062 km: 77391 \$10,970 \$107*** Bi-weekly	08 Sonata • Load, A/C, Auto st: 28354 km: 64132 \$12,850 \$101*** Bi-weekly

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